

# Back to School Newsletter

August/September 2008  
Volume 52, Issue 1

Campbell Parents' Participation Preschool, (408) 866-7223

## Important CPPP Dates!

**Sept 2** – First Day of School for the 2's & 4's Classes

**Sept 3** – First Day of School for the 3's Class

**Sept 25** – Back to School Party at The Jungle in El Paseo de Saratoga, 5pm

**Oct. 1** – Board Meeting at CPPP Campus, 7pm

**Oct 8** – Parent Education Meeting, Location TBD, 7pm



## Letter from the President

I would like to thank all of you for choosing Campbell Parents' Participation Preschool! Our preschool's success over the past 50+ years is a direct result of our parent participation component, and we are thrilled that all of you will be joining us in our adventure! This is our family's 2nd year of Campbell's co-op preschool, and we hope you will love it as much as we do. I am very excited about this school year!

Our Board of Directors has been hard at work over the summer, getting ready for some exciting news and events!

-A fall Halloween carnival, hosted by the 3's class, where the children can play games and show off their costumes (date TBD).

-Fabulous guest speakers scheduled for our Parent Education Meetings, including Linda Levine's "What is Developmental Education?" discussion, Linda Krinicky's advantages of "Positive Discipline", and Cherie Gregory's focus on relationships.

-New toys for the children to enjoy, which include a music center, gathering drum, and carpentry workbench!

-New pets, including a guinea pig and fish!

The 4's class also has a new teacher – please welcome Erica Chubbic to our family!

I would also like to extend my appreciation to everyone that has worked so hard to get the school ready for the new year. We have a fantastic board that is working on making things run smoothly. If you have any ideas to share, please let us know. We welcome any and all ideas!

I look forward to seeing everyone at school!

- Leticia Hunter, President

## Director's Corner

Welcome, welcome dear families to the start of the 52nd year at Campbell Parents' Participation Preschool. The floors, cubbies and equipment are scrubbed, shining and waiting for the children to burst through the door. The teachers have been hard at work over the summer getting new ideas and fine-tuning the wonderful programs for our families. The children's gardening boxes in the back play yard are

bursting with last year's tomato vines, tall sunflowers, squash plants and flowers. A big change from how they looked last May. There will be a lot of fun activities this year, so pull up your sleeves and enjoy the adventure awaiting you at CPPP.

This year, we welcome our new 4's Teacher to CPPP, Erica Chubbic. She comes highly recommended and provided us with a fun-filled summer program for

our 2 year olds. Parent participation is such a very important part of her philosophy of education that she has both her own elementary school children attending Village School. Our 4's class is looking forward to some amazing times ahead with this deeply committed, energetic and enthusiastic teacher.

- Teacher Carol, Director & 3's Teacher  
gmandere@earthlink.net

## Newsletter Highlights

|                                      |   |
|--------------------------------------|---|
| Welcome to the 4's                   | 2 |
| CPPP Top Secret Recipe               | 3 |
| Greetings from the 2's               | 3 |
| Who Would Care for Your Children?    | 4 |
| Got Freecycle?                       | 5 |
| What Do I Do If My Child is Choking? | 5 |
| Positive Discipline                  | 6 |
| About Our Preschool                  | 6 |



*"Pull up your sleeves and enjoy the adventure awaiting you at CPPP."*

*- Teacher Carol*

CPPP would like to send a very sincere "Thank You" to Campbell Community Church, the host of last year's carnival and silent auction. They generously supplied us with a fabulous location, hard-working volunteers, and constant support for our year-end fundraiser. Be sure to remember their facility as the possible host for your next meeting, fundraiser, get together, birthday or anniversary celebration!

Join the Fun...

Sundays 10:30  
Childrens Service 11:00  
Lunch 11:45

Youth Internet Cafe  
Tue-Fri 12-6PM

**Campbell Community Church**  
860 Harriet Ave, Campbell, CA 95008  
SUN 10:30AM [www.campbellcommunity.org](http://www.campbellcommunity.org)

## Welcome to the 4's!

The school year is about to begin, and we are going to have a great year. Our 4's will be busy with paint, play-dough, building, wood-working, water play, science experiments, field trips, cooking, physical co-ordination and problem solving. So will we as we observe them at their work – play. Having walked my son through kindergarten from a parent participation preschool, I have seen just how well prepared children are academically when allowed to explore a diverse body of activities and experiences at their own pace.

Every year, we welcome new families to CPPP and this year is no different. I want to extend a warm welcome to each family who is new to our school and a hearty hello to our returning families. CPPP is a unique, joyful and friendly place. As we greet and get to know each other, we will create a rich environment building on each other's strengths

and interests. Prepare to be invited to share your own unique interests and talents with our class.

The start of school is such a special time. The children are excited to come to school, but not really prepared for how it will make their days different from how they are right now. You might be looking forward to the daily structure preschool gives you, or the time you will be able to be in the class (and maybe the time you will not be in the class!). For some of you, afternoons away from your four-year-old may be a first. I am sure you will find something to do. This separation is so important for the kids and makes them feel so big. As the children work through this transition, we will work to make it as gentle as possible. If your child is having a tough time with you leaving, talk with me. Each child will be able to do this – each in his own time.

So, keep in mind several things: painting and projects happen everyday, so wear clothes that can be easily cleaned (and share cleaning tips you learn); we will be busy and your child may need more sleep on school days; the children will be climbing and stretching their bodies more than ever before so keep your child in close-fitting shoes that don't slip; and finally, problem solving doesn't happen by osmosis, the children will have to learn this skill by doing it. Don't shy away from the noise and the mess and the fun. It's all part of a carefully designed plan for children to learn and grow in this wonderful school.

We have the whole year of excitement before us. I look forward to this journey with you.

- Teacher Erica Chubbic  
dand\_e@pacbell.net

## CPPP's Top Secret Recipe: PLAYDOUGH!

This fabulous recipe has been handed down through the years by one of CPPP's long-time Directors – Mrs. Yo Brooks! It contains the magic that our preschoolers' imaginations are made of.

1 Cup Flour  
 ½ Cup Salt  
 2 tsp. Cream of Tartar  
 1Tbs. Oil  
 1 Cup Water  
 Optional: 2 Tbs. almond extract  
 Few drops of food coloring



In an electric skillet,  
 cook mixture on medium heat until thick.  
 Stir often.  
 Let cool and knead well.

## Greetings from the 2's!

I would like to welcome you to the Two's class. I am thrilled to be starting my fifth year as the Two's teacher. This is a special class where the adults have an opportunity to shadow their child in school and be a part of their first preschool experience. Over the years I have noticed that most of the adults in the class have as much of a learning experience as their preschoolers.

In September we will be getting to know each other and finding the rhythm of the class. Each year is different, depending on the dynamics of the children. Let's all work together to make this year the best Two's class ever. I look forward with great enthusiasm to our year together.

- Teacher Monica  
 shegrodin@aol.com



### DO YOU YAHOO?

**Be sure to join your class's Yahoo! Group, so you don't miss out on important information about your class and our school - JOIN NOW!**

#### CPPP All School:

[cppp\\_all@yahoogroups.com](mailto:cppp_all@yahoogroups.com)

#### Teacher Monica's

##### 2's Class:

[twos\\_cppp@yahoogroups.com](mailto:twos_cppp@yahoogroups.com)

#### Teacher Carol's

##### 3's Class:

[threes\\_cppp@yahoogroups.com](mailto:threes_cppp@yahoogroups.com)

#### Teacher Erica's

##### 4's Class:

[fours\\_cppp@yahoogroups.com](mailto:fours_cppp@yahoogroups.com)



**Our FABULOUS  
 FOURS Class still  
 has openings!**

**If you know anyone that may  
 be interested in this  
 opportunity, please contact  
 our Membership Chair,  
 Kristie Manning,  
 to discuss enrollment!**

family-owned and operated skate and surf shop



Arun & Anne-Michelle Frances, Owners  
 Email: [info@ohanaboardshop.com](mailto:info@ohanaboardshop.com)  
 3575 Stevens Creek Blvd., San Jose, CA 95117  
[www.ohanaboardshop.com](http://www.ohanaboardshop.com) / (408) 244-0700

**skateboard  
 lessons  
 for children  
 ages 2 to 6!**



**Have you enrolled in eScrip for the 2008-09 school year? Go to [www.escrip.com](http://www.escrip.com) to register your debit, credit, Safeway, Macy's, and many other cards. Help CPPP receive a percentage of each sale! Don't worry - all information is safe and secure.**

**You MUST renew your card every year, so that our school can earn the benefits. Make sure you re/register today!**

**2008 Deadline: Sept 30**

## Who Would Care for *Your* Children?

You spend so much time caring for your children, but do you know what will happen to them if something happens to you? In most cases, a surviving parent will assume the role of sole guardian. But what happens if there is no surviving parent?

If something should happen to both parents while the children are minors (under 18), a court decides who will take care of the children by naming a guardian for them. This court-appointed guardian will be responsible for the care and custody of the children, much like the parent was. A judge will select the guardian he or she deems best for the children. This may not be the person you would want raising your children.

Wouldn't you want to have a say in who raises your precious children? Wouldn't you want to select someone who has the same values and goals as you? Someone who you trust to raise your children almost as well as you would?

If your answers to the above questions are 'yes', you can very easily do something about it. With a little bit of planning now, you can ensure that you have control over who will take care of your children if you are unable

to raise them yourself.

By doing something as simple as writing a Will, you can choose who will take over the very important role of raising your children. In your Will you can name a guardian, as well as an alternate (in case your first choice is unavailable). Having a Will is just a part of your estate plan, but it is the document, which addresses the most important things in life - your children.

A Will is easy to have set up and it will put your mind at ease that your children will be well taken care of if the unfortunate should ever happen.

This article was contributed by Shirley Micek White, Attorney-at-Law, Mommy to a 2-year old, and a personal friend of a CPPP family. Shirley is available in the evenings and for in-home consultations. You can reach her by phone 510-796-4779 or Email [Shirley@ShirleyWhiteLaw.com](mailto:Shirley@ShirleyWhiteLaw.com).



Carla Razura of [babyjdesign.com](http://babyjdesign.com)'s twin girls attended CPPP in the 2006-07 school year, and our preschool continues to hold a special place in her heart. She is a designer of eclectic children's skirts and greeting cards; she's a renown children's photographer, and an amazing graphic designer. Last year, she designed postcards, flyers, album covers, and school picture frames for various CPPP events through the fundraising team, and we can't thank her enough for the help she's provided. Interested in hosting a skirt party, scheduling a photo shoot, or need help with greeting cards? Contact Carla at [info@jdesign.com](mailto:info@jdesign.com).

# Got freecycle™ ?

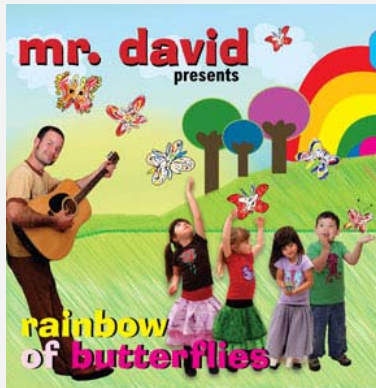
Don't just recycle – FREEcycle! Recycling is great, but what happens when Goodwill won't take your hand-me-downs, and you know that *someone* could make good use of them? Fortunately, there's Freecycle! When you will do anything to keep from taking your old chandelier, outdated closet doors, and faded children's toys to the dump, there is now a very

supported alternative. "The Freecycle Network™ is made up of 4,575 groups with 5,672,000 members across the globe. It's a grassroots and entirely nonprofit movement of people who are giving (& getting) stuff for free in their own towns. It's all about reuse and keeping good stuff out of landfills. Each local group is moderated

by a local volunteer (them's good people). Membership is free. To sign up, find your community by entering it into the search box above or by clicking on "Browse Groups" above the search box. Have fun!"  
Before you know it, you'll be Freecycling all over your neighborhood! It's easy to use and benefits so many others. Find out more at [www.freecycle.com](http://www.freecycle.com).



"It's a grassroots and entirely nonprofit movement of people who are giving (& getting) stuff for free in their own towns."  
- Freecycle.com



If you haven't heard of the fabulous Mr. David yet, this won't be the last time his name comes up. He is an amazing, talented, entertaining children's music singer who's published three full length CD's, and he frequently visits the CPPP campus! He recorded a limited edition single of "Rainbow of Butterflies" as a fundraiser for us last year, and we can't help but love to support him! Visit him online at [www.mrdavidmusicworks.com](http://www.mrdavidmusicworks.com).

## What Do I Do If My Child is Choking?

First, prevention is key! Cut up food so that tiny teeth and mouths will be able to chew the food easily. Whole grapes are slimy and can easily slip down into the airway, so cut them up in quarters. Avoid nuts, popcorn and hot dogs until your child is more developed. Always watch your child when they have anything in their mouths. There is no sound when your child chokes-- read that line again -- a **choking victim**

**is unable to make any sound**, including coughing. You can do the Heimlich maneuver or hold the child upside down and slap them on the shoulder blades (it would be best to take a CPR course to learn how to do this). NEVER slap someone who is sitting upright and choking, on their back. Gravity is working against you in this position and you can lodge it further in the airway. Do not attempt to put your finger into their

mouth to remove the object, you could push it further in. Coughing is the most efficient way to clear an airway.

Kira Miller is a certified CPR & First Aid Instructor who teaches safety classes at various locations, including CPPP! If you're interested in becoming certified or renewing your certificate, she can be reached at [km@cprtrainingsolutions.com](mailto:km@cprtrainingsolutions.com)

**Campbell Parents' Participation Preschool**

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**CONTACT US!**

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Contact us!*

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**We're on the Web!**  
Visit us at:  
www.cppp.com

## Positive Discipline

Positive Discipline is a program that teaches important social and life skills, in a manner that is respectful to both the adults and the young people in the situation – raising young people to be responsible, respectful and resourceful members of their community. It is based on the theory that children that have a sense of connection to their community (home, school) and those whose input is regarded as meaningful are less likely to

engage in "mis"-behavior. To be successful members of the community, children need to be taught the necessary social skills. It is based on the understanding that discipline must be taught and that discipline teaches.

Linda Krenicky, a Certified Positive Discipline Associate and parent at Village School, offers parenting workshops to those interested in learning how to apply Positive Discipline tools with their own families.

And now, a free Positive Discipline study group is offered at CPPP! Contact Anne-Michelle Frances ampfrances@yahoo.com for details.

To learn more about Linda and her amazing classes, visit [www.taketimefortraining.com](http://www.taketimefortraining.com) or sign up for one of her classes offered this fall through the Campbell Community Center!



## About Our Preschool

Our preschool philosophy is based primarily on the Developmental Theory of Early Childhood Education. Each child is unique and will develop at his or her own rate, given sufficient and age- appropriate stimuli in a safe and nurturing environment. Toward this end, we offer each child time for free creative play . . . time to explore planned activities to the extent of his or her own interest . . . time to relate to other children and adults. Our goal is to provide experiences and a climate that will help to develop healthy and happy attitudes.

**CAMPBELL PARENTS' PARTICIPATION PRESCHOOL**  
528 HARRISON AVE  
CAMPBELL, CA 95008

